



## Adventure and Nature

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### Québec, Wildlife and Wilderness

The Québec City region is comprised of a variety of natural areas where the rivers, forests and mountains have forever been home to wildlife. This spectacular show of authentic nature provides an intense pleasure to all visitors who have the chance to observe it. Come visit us, an ever-enduring world awaits you.

Clientele: affinity groups

Warning. This program requires excellent physical fitness. The activities are spread across the Québec City region. Plan ahead for necessary travel time to arrive at the various sites in time for your activities.

### Your first day

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#### Today, leave the city behind for a world of wildlife...

This morning, discover the ecosystems of the St-Lawrence River and other Canadian waters at the [Aquarium du Québec](#). Take a trip from the Boreal zone to the Arctic and observe the **abundance of marine animals**.

*Duration: 2 hours*

*Capacity: 25 people per guide, several guides are available*

## Two options are available this afternoon.

1. At [Vallée Bras-du-Nord](#) (Northern Branch River Valley), take a leisurely walk along the Bras-du-Nord trail (7 kilometers to the end and back) and/or the des Castors trail (total length of the two trails: 19 kilometers). The trails have numerous viewpoints to observe **a remarkable natural treasure chest** whose main jewel is the Delaney waterfall. Other trails are also available.

*Duration: variable depending on the trail chosen*

2. At [Réserve faunique de Portneuf](#) (Portneuf Wildlife Reserve), enjoy the exceptional surroundings and **simply enjoy fishing**.

(Plan for two hours of travelling from Québec City to the site of this activity. Accommodations are available on site.)

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## Two options are available to you this evening at Vallée Bras-du-Nord.

1. Discover the [village de yourtes](#) or an isolated yurt along the banks of the river, to **experience a completely different stay**. Each yurt is comfortably furnished to provide relaxation but also offers a great view with a skylight to **look at the stars**.

*Capacity: 4 people per yurt*

2. Le Draveur, La Clairière, La Hutte and Le Montagne Art lodging [refuges](#), are made entirely of logs and invite groups to sleep over and enjoy **an evening between friends**.

## Your second day

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### Today, travel from Portneuf to the Jacques-Cartier region.

### This morning, bike your way through the abundance of nature.

Starting at Saint-Raymond, discover a section of the [Vélopite Jacques-Cartier / Portneuf](#) (cycling trail) by heading towards Station touristique Duchesnay (18 km). Built on a former railroad, this trail winds through the forest and across the countryside in **the middle of a diverse wildlife environment** with a maximum slope of 3%.

*Duration: approximately 1 hour 30 minutes*

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### Two options are offered this afternoon at Station touristique Duchesnay.

1. “[Regard forestier](#)” (Forest Discovery), a guided educational excursion on **forest management** in the heart of this former forestry school.

*Duration: 1 hour 45 minutes*

*Capacity: 10 to 60 people*

2. From a high-tech treasure hunt to an orientation race, [Géo-trésor](#) is a **game of adventure**. Geocachers explore the forest, equipped with a GPS, in search of hidden markers. **Another approach to the environment.**

*Duration: 1 hour 45 minutes  
Capacity: 10 to 60 people  
Information upon request*

A free visit to the site where [outdoor activities](#) can be an enjoyable complement to your afternoon according to your mood.

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## Two options are offered in the evening.

1. In Duchesnay, [Aventure Inukshuk](#) allows you to view the wildlife of the area, mainly the **American black bear**, from atop the observation tower!

*Duration: 3 hours 30 minutes (starting at 5 p.m.)*

2. [Le Nordique spa et détente](#), located on the banks of the Jacques-Cartier River, provides **genuine relaxation**. Finnish saunas, Turkish vapour baths, outdoor whirlpool baths, Nordic baths, the Jacques-Cartier River and massage therapy are all available to you **in a pure natural environment**.

*Duration: variable depending on the experience chosen*

## Your third day

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### Today, explore the Côte-de-Beaupré region.

This morning, [Réserve nationale de faune de Cap Tourmente](#) invites you on a «bird watching excursion». Discover the **surprising diversity of birds** that populate the different natural habitats of the reserve guided by a naturalist (305 species are listed).

*Bird watching excursion (customized)  
Duration: variable depending on the availability of the group  
Capacity: several guides are available  
Information upon request*

Don't miss the **Greater Snow geese** in the spring or autumn. In fact, in autumn, Côte-de-Beaupré is the setting for a **unique Québec event**, when as many as 60,000 to 80,000 geese can gather at once on these resting grounds during their annual migration!

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## Two options are offered this afternoon.

1. Visit the enchanting site of [Les Sept-Chutes](#). Discover a **spectacular natural environment** at Sainte-Anne-du-Nord river with its waterfalls, its landscapes and visit a old hydro-electric plant. Easily accessible trails have been developed over a distance of 0.5 to 5 kilometers. Admire the natural beauty from **exceptional lookouts and observation points**.

*Duration: approximately 2 hours depending on the activities chosen*

2. Visit the breathtaking [Canyon Sainte-Anne](#) the heart of which is the impressive 74-metre high Sainte-Anne waterall. Explore the **ancient, 1.2 billion year old gorges** with its waterfalls and the giant's cauldrons safely from the suspended bridges and trails.

*Duration: 1 hour*

Finally, [Musée du coquillage](#) (sea shell museum) opens up an unexpected window to the marine universe. Dive into the deepest part of the oceans with its **collections of impressive wealth**.

*Duration: 1 hour*

*Capacity: maximum 55 people*

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## Two options are offered to you this evening.

1. Experience a new musical concept in [Forêt Montmorency](#) (Montmorency Forest, managed by Laval University School of Forestry). Professional musicians, improvisers and sound effects artists gather in a canoe on a lake to offer an evening **acoustic concert representing the life and sounds of the boreal forest**.

*Wildlife concert*

*Duration: 3 hours*

During this “wildlife concert” the music and sounds of the night create **bridges between the audience and the wildlife**.

(Plan for more than one hour travel time to this activity site. The concert provides several services including on site accommodations.)

2. [Montgolfière Aventure](#) invites you to board a hot air balloon for a “Magical night”. **Hot air balloons are illuminated** to the rhythm of the music in an immense outdoor show. The burners are in full power as they highlight the bright colours of the hot air balloons into the darkness.

*Duration: from 4 to 5 hours for the entire experience*

*Capacity: maximum 36 people*

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Other **events** to complement your stay.

Summer:

- [Les Grands Feux Loto-Québec](#) (Loto-Québec Fireworks competition)

Autumn:

- [Great Colour Adventure](#) (Fall Foliage Days)
- [Festival de l'Oie des Neiges](#) (Greater Snow Goose Festival)

For a **customized package** or for a specific request, contact the following receptive agent or activity providers:

- [ENF Canada – Les Excursions Nouvelle-France inc.](#)