



Québec  
City and Area

Here and Now!

## Snow

---

### Québec, Attractive, Day and Night

Every year, skiers and snowboarders from all over flock to Québec, the destination for gliding sports. Come and experience the pleasures of winter, from the cool ski trails to the hot dance floors! The ski slopes are located within twenty minutes from the capital, the snow coverage is exceptional, the trail conditions are second to none and the ambiance is urban and warm. Welcome to Québec!

Target clientele: Affinity groups.

### Your First Day

---

#### Today, enjoy the best the mountain has to offer!

This morning you will go to [Station touristique Stoneham](#), twenty minutes from Québec, where you have two options.

1. Enjoy some downhill **skiing in exceptional surroundings**. Thirty-nine trails and a 420-metre vertical drop will provide something for everyone.
2. Enjoy first rate **snowboarding** trails. Also, **Snowboarders, freestyle and free skiing** enthusiasts will enjoy three first-rate **snowparks**, one for beginners and two with XL modules.

Still at Stoneham, get your fill of [skiing](#) and [snowboarding](#) on **trails that you will find extremely satisfying**.

---

**At the end of the afternoon, two options are available.**

1. Ski and snowboard enthusiasts can continue on the [lighted trails](#) of **Canada's largest night skiing area**.

The new [Artic Spa Zone](#) offers **hot tubs** on the terrace of Bar Les Quatre Foyers so you can **relax in good company**.

For **deep Scandinavian-style relaxation**, [Le Nordique spa et détente](#) offers a Finnish sauna, Turkish steam baths, outdoor hot tubs, Nordic baths, and massage therapy in a **pure, natural environment**.

*Duration: according to chosen activity*

For a quieter supper, [Le Feu Follet](#), with its breathtaking **view of the slopes**, offers a menu **that is overflowing with flavours**.

A [large selection of accommodations](#) are available near these recreational areas.

2. The [Village Vacances Valcartier](#) invites you to **the largest winter recreation centre in America!** Come try snow rafting and [all different kinds of sliding](#). **Thrill seekers will love it!**

Finally, spend a **luxurious night** in one of the surrounding area's comfortable [hotels](#).

## Your Second Day

---

**Today, continue to enjoy the exhilarating slopes!**

[Mont-Sainte-Anne](#) has **amazing snow conditions** and a complete network of trails. **Skiers and snowboarders of all levels** will have a great time!

**Host of several World Cups** and recognized for the quality and variety of its skiable area (66 trails), the mountain offers 465 acres of unequalled terrain with a **625-metre vertical drop!**

[Snowparks](#) allow more possibilities to **riders and freeskiers**. A beginners' park allows novices to gradually master various stunts and prepare for the **XL park, which is filled with very large stunts**.

Spend your entire day skiing and snowboarding.

---

## This evening, you have two options.

1. **Make the pleasure last** by taking advantage of Mont-Sainte-Anne's [18 lighted trails!](#)
2. [Le Cosmos Café](#), a hip restaurant on Grande Allée in Québec, awaits you with its cosmic décor that is conducive to making interesting discoveries.

Then, it's on to [Maurice Salon-Bar](#). A discotheque and two-story lounge. **One of Québec's hottest night spots.**

[Other restaurants](#) will meet your expectations.

Spend the night at Mont-Sainte-Anne (your starting point for the entire day).

## Your Third Day

---

### Today, enjoy the capital city!

#### This morning, you have two options.

1. Spend your morning enjoying one of three **winter sports**.
  - Continue **skiing and snowboarding** to your heart's content at Mont-Sainte-Anne.
  - [Parc de la Chute-Montmorency](#) welcomes you to a **unique natural site** with a breathtaking vista.

The water condensation at the bottom of the falls creates a **giant ice formation**. This natural phenomenon is absolutely fascinating to watch and the locals call it the sugarloaf.

[Climb the frozen walls of the cliffs](#) on either side of the falls, accompanied by **experienced guides**.

*Duration: half a day (a full day is available)*

*Capacity: a maximum of 40 people*

- [Canyoning-Québec](#) invites you on to take a Zen excursion through the frozen landscape of the Jean-Larose falls: **ice canyoning**.

Canyoning techniques and crampons make it is easy to climb down the **spectacular 41 metre cascade!**

*Duration: between 3 and 4 hours*

*Capacity: from 8 to 10 people (2 to 3 guides for 10 people)*

2. Sleep in and enjoy a nice brunch, after which you will **visit Québec in an original way**. Here are two suggestions.
  - [Six-Associates Historical Guided Tours Inc.](#) proposes "Glace et glisse à Québec" (Ice and glide in Québec), a guided tour which tells the story of the **history of sports and winter**

## recreation since 1800.

*Duration: 1 hour and 30 minutes*

*Capacity: 1 guide per 30 people (12 people minimum). Several guides available*

End the morning by skating at the [Place d'Youville outdoor skating rink](#).

## You have two options for this afternoon.

### 1. Ski some more at Mont-Sainte-Anne!

Then, those who **want to relax** or wish to **get ready for the evening ahead**, can take advantage of the [spas](#).

### 2. Enjoy **the ultimate movie experience** in Québec at the [Cinéma Imax](#). The eight-story screen, digital surround sound and impeccable image rendition will draw you into the film and experience the action!

Follow this with the [Galeries de la Capitale: 280 boutiques](#) where you will find everything you could possibly want!

Or spend the afternoon at the **largest group of commercial centres in Eastern Québec** with hundreds of boutiques. [Laurier Québec](#), [Place de la Cité](#), [Place Sainte-Foy](#) and [Fleur de Lys](#) bring you the latest designer creations and **international brand names**.

---

## This evening, Saint-Roch, Québec's hip quarter, offers you two choices!

1. At the [Versa restaurant – bar](#) you will enjoy **an inventive and amusing cuisine in a New-York ambiance**.
2. [Le Cercle](#) will entertain you in a **modern décor** with a **festive cuisine**. Enjoy the best that **Québec's music scene** has to offer.

[Other restaurants](#) will meet your expectations.

From November to February, the splendour of **Giant Christmas tree** will illuminate [Nouvo Saint-Roch](#). It has 70 feet high and has LED lights.

---

Other **activities** to enjoy during your visit.

- [Carnaval de Québec](#) (Winter Carnival)
- [RedBull Crashed Ice](#) (A combination of hockey, downhill skiing and boardercross)

[Activities](#) that contribute to the magic of Christmas in Québec.

More information on the [streets of Québec](#) (news, shopping, events).

Consult the list of [restaurants in the capital](#). Our selection criteria will help you find the one that meets your needs.